



PSDP—Resources and Tools: Supervision preparation tool

Supervision preparation tool

Name

Date

Supervision is a two-way process. Both supervisor and supervisee must prepare for it, helping to ensure that learning is maximised by making best use of the available time.

Aims

To support the supervisee to:

reflect on the positive and negative aspects of the child's lived experience and the next steps

and / or

define the issue they would like support with.

Application

This tool can be photocopied or shared electronically with staff for them to keep and complete as needed. A completed form can be uploaded to the child's file as a case note.

Instructions (to the supervisee)

Take some time to think about and respond to statements 1-3 ahead of supervision. Be prepared to discuss your responses. If you can't respond to statement 3, try to respond to number 4.

If you are considering whether or not you require ad hoc supervision and you have managed to respond to questions 1-3, consider whether you now feel you can hold onto your work with the child and family until your next scheduled supervision.

1. This is what is worrying me and others

2. This is what is working well for you (the child)


3. This is what I have decided to do

A large, empty rectangular area with a light purple gradient background, intended for writing the response to the section header.

4. This is the issue I am asking for support with today

Source: Developed by the authors based on project participants' practice

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